

Get SMART About Relationships!

What is SMART Education®?



SMART Education® is a 7-session high school curriculum designed to enlighten and educate youth about healthy vs. unhealthy relationships. Often youth engage in “normal” behaviors but do not realize that these may actually be unhealthy or abusive.

Through education and hands on activities, SMART provides knowledge and skills necessary to evaluate and engage in healthy relationships.

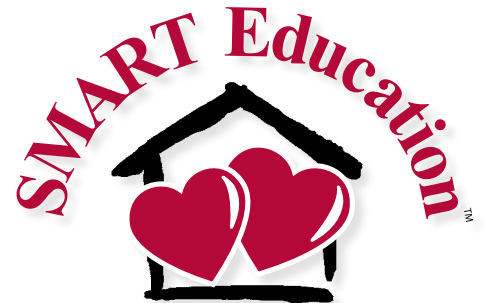
Is Relationship Education really a need?

Our youth spend lots of time focused on their relationships. Shouldn't we provide them with the ability to evaluate those relationships and make good decisions? Teens gather all kinds of relationship information from daily life, the media, and what they observe, but there is usually no formal training. It's time to change that and give information that can prevent divorce and other family issues.



How do I get SMART Education® to the youth that I know?

Contact Pathways Counseling at Baptist Children's Home and Family Services by phone (618) 382-3907, or through the website www.SmartRelationship.com. The SMART Education® curriculum can be used effectively in schools, churches, or any other service organization where youth gather. The program costs can be covered by violence prevention grant funding in schools and is also discounted for churches and youth groups. We would be happy to discuss your needs and figure out how SMART can work for you!



Saving Marriages And Relationships Together

Presented by:

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A program to teach adolescents about healthy and unhealthy choices regarding personal relationships and to promote awareness and prevention of dating violence, domestic violence and generational abuse



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